



9-8-8/Suicide and Crisis Lifeline Policy

Statement of Policy

The 988 Suicide & Crisis Lifeline is a free and confidential service of the New York State Office of Mental Health. The Lifeline connects callers to trained crisis counselors 24/7. They can help anyone thinking about suicide, struggling with substance use, experiencing a mental health crisis, or any other kind of emotional distress. You can also call, text or chat 988 if you are worried about someone you care about who may need crisis support.

The NYLS Portal also contains links to important mental health and wellness resources for our entire community.

For Students

As an NYLS student, you have access to [mental health and wellness resources](#) that provide confidential support in a variety of ways and are here for you any time you need them.

- **NYLS Office of Student Life:** The Office of Student Life is open Monday to Thursday: 9:00 a.m. to 6:00 p.m. and Friday: 9:00 a.m. to 5:00 p.m. Please stop by C532 to talk, call 212.431.2851, or email anytime at studentlife@nyls.edu.
- **Licensed Clinical Social Worker:** Sophia Soloway is NYLS's licensed clinical social worker offering free, confidential short-term counseling services. To make an appointment, email sophia.soloway@nyls.edu.
- **Aetna Student Assistance Program (SAP):** Offers free confidential student counseling service available 24/7. Visit: www.resourcesforliving.com
Username and Password: NYLaw or call **877.351.7889**.

For Faculty and Staff

Through our Human Resources benefits provider, the Law School offers an [Employee Assistance Program](#) (EAP). As described in the link, the EAP offers counselling services for a variety of mental health concerns, as well as legal, financial and work-life balance resources. Sophia Soloway is also available to provide counseling services to faculty and staff.